

and Promisory Notes drawn, signed, accepted or made on behalf of the said National Council of Nurses of Great Britain by the Hon. Treasurer, and to act on any instructions given by the person so authorised with regard to any accounts or transactions of the said National Council of Nurses of Great Britain."

The Meeting then terminated.

THE MATRONS' COUNCIL OF GREAT BRITAIN AND IRELAND.

A meeting of the Matrons' Council of Great Britain and Ireland took place at the Prince of Wales' Hospital, Tottenham, on June 11th. Letters of regret for absence were received from a number of members. Delegates for the National Council of Women, which this year holds its Annual Conference at Bournemouth in September, were selected. There were three applications for membership, which were accepted.

The change of official address from 431, Oxford Street to 39, Portland Place came up under other business, and it was decided to ask the Secretary to inform members of this when sending out the Reports.

The President was asked to convey an expression of sympathy and regret for absence to Miss Kathleen A. Smith, the Hon. Secretary, and the business meeting terminated.

A vote of thanks was passed with applause to Miss Bickerton for entertaining the members so delightfully at the Hospital. Members enjoyed a sumptuous tea with every delicacy, and then a party was conducted over the Hospital by the Medical Director, and other members sat on the lawn and watched a match at lawn tennis between two of the Hospitals. It was a most enjoyable afternoon.

LEICESTER ROYAL INFIRMARY NURSES' LEAGUE.

The Council Meeting of the Leicester Royal Infirmary Nurses' League was held at the Royal Infirmary on June 16th. Miss Vincent, R.R.C., President, was in the chair, supported by Misses Pell Smith and Sherlock, Vice-Presidents. About 40 members were present. Miss Rogers was prevented from attending by the illness of her sister, and letters of apology were read from many other members, including the Hon. Treasurer. After the formal business, the confirmation of a grant towards the expenses of a representative to the Interim Conference of the International Council of Nurses at Geneva was passed unanimously, and the President said that Miss Embry, Hon. Sec., had agreed to act as Joint Representative of the Leicester and Bradford Royal Infirmary Nurses' Leagues, and the members would look forward with great interest to hearing her Report of the Conference at the next General Meeting to be held in the autumn.

Miss Pell Smith spoke of the honour done to Miss Rogers, and, through her, to the League, in including her name with those of other Nursing Pioneers on the Certificate of Membership of the British College of Nurses. Miss Rogers had worked for many years for the uplift of the Nursing profession, and this recognition of her work should gratify every member of the League, and encourage her to work for the same object.

The President asked the opinion of the members as to providing a new League Banner; it was decided to hold an American Tea at the Autumn Meeting to obtain funds to purchase one.

WEST MIDDLESEX HOSPITAL NURSES' LEAGUE.

The Garden Party of the above League is being held on Saturday, July 2nd. The Matron cordially invites all past nurses, and hopes they will make a special effort to be present. A limited number can be accommodated for the night, if previous application be made to the Matron.

A VISIT TO LEYSIN.

I am indeed glad to hear of Dr. Rollier's kind invitation to the Conference inviting one hundred nurses to Leysin on Sunday, July 31st, where he has offered not only to show them his clinics but to give a Lantern Lecture on his work. The latter is worth while taking the journey from England alone to hear, and I should advise, if there are more than one hundred nurses for those to accept his kind invitation, and others who can afford to take the trip by rail from Geneva *via* Lausanne, Montreux and Aigle, where you join the Aigle-Leysin Cog. Wheel Railway and ascend lovely mountains, passing plateau after plateau covered with beautiful flowers. When I was there in April the snow in places was four feet deep and all the mountains were covered with snow. The Dent du Medi was very majestic and appeared to guard all the other mountains.

Recently I was privileged to be Dr. Rollier's guest and spent several very interesting days in visiting many of his clinics, where I saw T.B. joints, bones, glands, peritoneum skin and non-T.B. cases under treatment.

Higher up the mountain Dr. Sellig and other doctors have charge of the lung cases. Dr. Sellig was most kind in telling me of the line of treatment taken in these cases and with many excellent results. He has splendid X-ray photos showing the condition of the lungs on arrival and from time to time during treatment of the patients.

Never shall I forget the joyous, hilarious shouts of laughter which greeted my ears from 7 a.m. to 9 p.m., except during the two hours' rest time in the afternoon when perfect stillness prevailed; I could not believe that I was one among 2,612 sufferers. This cheerfulness, coupled with the wonderful air and sunshine, does indeed do wonders in restoring the suffering mind and body to health.

All Dr. Rollier's patients lie out on balconies, but the chest patients do not until they have been there a few days and then only the limbs are in the sun. In sunless weather Dr. Rollier gives certain cases treatments of Radio-Therapy and Photo-Therapy (Quartz Lamps). The wards are heated by central heating, and I was struck by the apparatus attached to the head of all beds to which can be attached a sunshade or an electric light; the former patients can move to shade their faces from the sun at will.

The patients are encouraged to work, and it is surprising what can be done when one is lying on one's stomach in bed; I saw a girl working a hand sewing-machine. The work done is sold for them. Had I not seen the faces of the patients I should have thought I was in the Near East so dark and brown had the bodies become through the sun's rays.

There were all kinds of amusements to which the bed-patients go; their beds are moved downstairs to the lounge, where they are able to meet other patients. Cinema, concerts, sing songs, gym., Punch and Judy, etc., form some of the amusements; then the walks others are able to take are very beautiful. I cannot leave out the name of the Chaplain and his wife: The Revd. and Mrs. Hilton, who visit and help all English patients. The Chaplain celebrates the Holy Communion in the different clinics for those who cannot get to the lovely little church on the hill, which is open daily. Anyone may go in and help themselves to a library book.

I was able to link up with some of our disabled officers and men on Easter Monday at one of the Communion Services. Miss Rollier (niece of Dr. Rollier and Matron of Miremont), received her general training at Lausanne, and has a rare gift in getting into touch with her patients, who are from various foreign countries. Tuesdays and Fridays Dr. Rollier places at the disposal of doctors and nurses who should notify him previously. The journey from Geneva to Leysin takes about three to four hours. There are good hotels and pensions, quite inexpensive.

S. A. CLARIDGE, S.R.N.

[previous page](#)

[next page](#)